



# Hockey Equipment Checklist

No matter what youth league your child plays in, they will need each piece of equipment shown in this checklist. This ensures that they will be as safe as possible while on the ice, as this equipment protects your child from falls, errant sticks, pucks, and so on.

- Helmet**  
(With Face Cage or Full Shield)
- Neckguard**
- Shoulder Pads**
- Elbow Pads**
- Gloves**
- Hockey Pants**
- Shin Guards**
- Skates**
- Mouthguard**  
(Optional)
- Jersey**
- Jock or Jill**
- Socks**
- Hockey Stick**
- Equipment Bag**